

# MILDURA SPECIALIST SCHOOL

Newsletter No : 9

DATE: 7 June 2018

We value being: **RESPECTFUL** **SAFE** & **RESPONSIBLE**

**Child Safe:** Mildura Specialist School is committed to safety and wellbeing of all children and young people and has a zero tolerance for child abuse.



Striving for Independence

## DATES TO REMEMBER

11 June—Queen's Birthday Holiday

18 June—School Council Meeting at 5:30pm

End of Term 2—29 June

## Principal's Report

**Fun Run:** The Student Representative Council members, SRC, and their teacher, Judi L'Huillier did an excellent job organising the event. It was pleasing to see parents and carers come along to support students. During the day, all age groups were able to participate with students receiving ribbons to congratulate them on their efforts. It was wonderful to see older students running with peers and younger students to cheer them on and provide motivation. Later in the day, the SRC organised an assembly where age group champions received medals to recognise their efforts. I take great pleasure in congratulating the SRC and all students on their participation in the event. It was certainly a colourful day and applause to Yellow House who were overall winners on the day.

**Rainbow Day:** The next event is Rainbow Day to be held next Tuesday at school. This is a fundraiser for various community groups nominated by students.

**You Can Do It:** Students enjoyed a live performance today with presenters showing our students many skills. Feedback from students and staff was very positive. The presenters were engaging and able to captivate their audience. You may hear or see some feedback yourselves at home.

**Semester Reports:** Teachers are currently assessing and writing reports on progress in learning for terms 1 and 2. You may want to think of questions you have about your child's learning when it is time for Student Conference meetings.

**OHS Audit:** During May we participated in an Occupational Health and Safety (OHS) audit. We received a score of 88% which is an outstanding result.

The OHS team are now working on the recommendations to achieve total conformance.

**Marg Curran**  
**Principal**

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# Principal's Award

Congratulations to all Award winners this fortnight.



## SWPBS—School Wide Positive Behaviour Support

### Be Safe & Respectful Awards

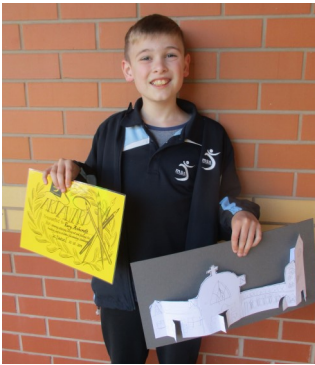
This week Room 6 focused on being respectful and students produced posters with photos showing themselves using the SWPBS strategies in the classroom. The messages on these posters represented the students being on time, using kind words, following class rules, using an inside voice, looking after equipment, keeping personal space and following instructions. The students were able to communicate these messages and they understood the meaning of being respectful because they have been taught in the classroom and throughout the school.





# Art & Music Awards

## BUDDING ENGINEERS AND TOWN PLANNERS!



Art Awards were collected this fortnight by students from Middle Years' for inventive and independent exploration of ideas.

Rory from Room 10 assembled a street scene using a collection of building templates which he drew around then folded and partially cut openings to suggest doors. Details on clock towers, roof tiles and window frames were extras drawn and added by Rory.

Isac and Braden from Room 24 achieved some keenly observed and replicated versions of the Chaffey and Westgate Bridges!

Filling the criteria of 1) nothing falling off their models when lifted up 2) being able to put their hands under the bridge decking and 3) constructing pylons to hold the decking up were ably and elegantly achieved by these students and their classmates across all rooms. It has been a



very well resolved project which included measuring and calculating distances and lengths, finding ways to connect and attach parts and complete a project through a number of stages.

## NEWS AROUND THE SCHOOL

The Early Years' students have been learning about animal classification this term. They are enjoying a number of different activities in their classes. We also really liked the You Can Do It performance yesterday and learnt a lot about juggling and to keep on trying even if you don't succeed the first time.

Deshawn and Corey are making a platform for an elephant.



Issy is balancing a spinning ball.



Last week, Lower Middle Years' students participated and showed sportsmanship towards others in the Fun Run. Room 12 has been busy producing tactile art related to story books as well as colourful murals. Some rooms have been producing kites and spinners that are related to their design technology unit. All rooms have been creating unique Art works to be displayed around the school.



Over the last 3 Design Technology sessions, Darling Room students were being engineers as they designed Marble Runs as a group. The activity showed how they understood the concept of angles/slopes, directions of run and recycling materials in constructions.



Last Friday, the Upper Middle Years' students participated in an AFL Footy Clinic on the back oval. The sessions are designed to teach the students AFL skills and to promote the enjoyment of physical activity. We have one more session this Friday.





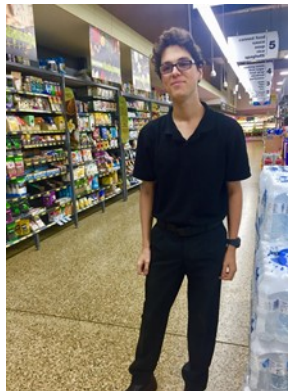
# ***NEWS AROUND THE SCHOOL***

Students from Later Years finished their Hospitality and Beauty taster sessions at Riverside Trade Training Centre recently. The sessions provided students with an opportunity to see the facilities and gain industry experience and knowledge from the VET qualified trainers. Students in the Hospitality group made meals such as Chicken Skewers with Pilaf Rice and Cheese Burgers with Wedges while Hair and Beauty students straightened hair, applied makeup and painted nails.



## **Structured Workplace Learning**

Students enrolled in the Victorian Certificate of Applied Learning gain valuable experience in the workplace through participation in the Structured Workplace Learning program. Andrew Papillo and Sanchia Pearce-Davis recently completed placements with local businesses. We would like to thank Ritchies IGA Irymple and Bethany's Café for supporting our students.



On Thursday 24 May we held our annual school Fun Run. The scores were very close and the winning house on the day was the Yellow Pythons. The effort shown by all students was outstanding. The Later Years' students were fantastic role models to the younger students, assisting with early set up, track marshalling and buddy running. It was a great day enjoyed by everyone who attended.



## **SRC Events**

Friday 8 June – Face Painting – bring \$1

Tuesday 12 June – Rainbow Day – Wear colours and bring back sponsorship envelope

Friday 29 June – Footy Day – Wear team colours and Special Lunch

# SCHOOL REMINDER

## EXCURSIONS

All excursions can be paid by instalments, either at the school office or online through the school account. See above for details for the school bank account. Please ensure all relevant forms are signed and returned with payment before the due date.

## CAMPS, SPORTS AND EXCURSION FUNDS (CSEF)

The Camps, Sports and Excursions Fund (CSEF) commenced in 2015. Families holding a valid means-tested concession card (Centrelink Card/Health Care Card) or temporary foster parents are eligible to apply for CSEF. \$125 per year is paid for eligible primary school students, and \$225 per year is paid for eligible secondary school students. A special consideration eligibility category also exists. Payments are made directly to the school. CSEF applications forms are available at the front office.

## PAYMENTS

School fees, camps, excursion and cooking costs etc. can be paid to our Bank Account details are

**Commonwealth Bank**  
**BSB: 063 557**  
**Account No: 10080861**

Please enter the name of student and activity you are paying for.  
Thankyou

## MEDICAL

At Mildura Specialist School we have children who are at risk of an anaphylactic reaction to **nuts, eggs, seafood and kiwi fruit** in the school. Please be mindful of this when preparing your child's lunch or snacks.



## HEADLICE



As a school community, we share the responsibility to control and manage head lice infections. Head lice have been around for many thousands of years and cannot be eradicated. Supporting each other to minimize their spread is vital.

It is important to check your child's head regularly with conditioner and comb even when you don't think your child has head lice.

## MEDICATION

In the interests of safe practice, medication must be brought to the office in its original packaging by an adult and paper work completed to authorise school personnel to administer it.

**Please note: Students are not to transport medication to school.**

## CANTEEN NEWS

The canteen will operate each Friday; orders must be completed and returned to school no later than Tuesday morning of that week.

Order forms are available to download and print from the MSS website.

**All lunch orders must be in on Tuesday mornings.**



## UNIFORMS

Our school uniforms are supplied by LASER SIGN & PRINT and are available from 3 Andriske Crt Mildura. Contact person is Darran Seaman, phone: 03 5021 1129 mob: 0429 437 858

For all other enquiries for uniforms please contact the school.

## PARENT/GUARDIAN/CARER CONCERNS

If you have a concern with any aspect of your child's education, please contact the Office (5021 3311). They will:

1. Put you in touch with the appropriate person
2. Help organise a meeting with the appropriate person.

It is important that your concerns are addressed as quickly as possible.

## FUNDRAISING

Pie Drive delivery date July 26, further information will be sent out June 1.

## **SCHOOL REMINDERS**

### **IMPORTANT NOTICE**

Parents/Carers please take note of Parent Pick Up times.

**Early Years and Lower Middle Years: 2:40—2.50 PM**

**Upper Middle Years and Later Years. 2.50—3.00PM**

This is to help ease congestion on Deakin Ave and for safety of cars and students.

### **STUDENT ABSENCES**

If your child is absent from school could you please notify by one of the following means:

- Phone: 5021 3311
- Medical certificate
- Appointment notification
- A signed and dated note with student's full name

## **Exercise ideas for children**

### **Fitness at Home**

Here are some ways to keep your kids moving at home:

- Make physical activity part of the daily routine. From household chores to an after-dinner walk, keep your family active every day.
- Allow enough time for free play. Kids can burn more calories and have more fun when left to their own devices, playing tag or ball games.
- Keep a variety of games and sports equipment on hand. It doesn't have to be expensive — an assortment of balls, hula-hoops, and jump ropes can keep kids busy for hours.
- Be active together. It'll get you moving, and kids love to play with their parents.

Limit time spent in sedentary activities, such as watching TV, being online, and playing video games and games apps.



## **PACKING A HEALTHY LUNCH BOX**

I think we're all aware of what to pack into a lunch box that consists of food that is known to be good for you such as fruit and vegies. But what about foods that appear to the consumer to be satisfactory in nutrients but aren't what they seem.

An article from the ABC website highlights 3 commonly found products in lunch boxes. Eating empty calories from refined and processed food reduces intake of nutrient-dense foods that contain important vitamins, minerals and fibre. There are many pre-packed children's snacks on supermarket shelves, and it's often hard to know what's healthy.

### **Fruit drinks**

Don't let pictures of happy dancing apples trick you. A standard 250 mL box of fruit juice can contain up to ten tea-spoons (40 grams) of sugar – the same percentage of sugar found in soft drinks!

### **Cracker and cheese-dip combos**

Ever wondered why most pre-packaged cheese and cracker products aren't refrigerated? The answer is simple: many cheese dips don't contain much cheese.

### **Muesli bars**

The muesli bar shelf at the supermarket is chock-full of options, from apple-cinnamon and chocolate chip to yoghurt-coated and berry crunch. They may seem healthy, but even plain muesli bars can contain up to 36% sugar

For more information on healthy eating for children, the [www.eatforhealth.gov.au](http://www.eatforhealth.gov.au) website is a great resource.

<http://splash.abc.net.au/newsandarticles/blog/-/b/1765058/how-to-pack-a-healthy-lunch-box>

**Darren Jones – Student Wellbeing Coordinator**